Brighton Ski Team Athlete Report Card

Atniete Name:		
Coach:		
Season:		
Comments:		

Key:	
D - area of development	
E - meets expectations	
S - strength	

Stance	
Hands	
Shoulders	
Sight	
Hips	
Knees	
Feet	
Strength	
Flexibility	
Balance	
Coordination	

Race Skills	
Rotary	
Pressure	
Edging	
Speed	
Stamina	
Fore/aft balance	
Turn timing	
Pole plants	

Character	
Supportive	
Curious	
Focused	
Respectful	
Driven	
Resilient	
Receptive	
Leadership	
Confident	
Humble	